

# ALDER COMMONS

A HUB FOR SELF-DIRECTED WORK & PLAY

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## COVID Policy

This policy applies to everyone in the Alder Commons space, including Members, Staff, Board, or the public. We ask that Members help Staff in enforcing the policies outlined below. Folks may need a reminder if they forget to put on a mask, or start to eat while indoors.

### Masks are required indoors

- **Face masks are required for all indoor spaces** for ages 2 and up (as able).
- Face masks must be surgical masks or N95-equivalent.
- You may briefly remove your mask to sip a drink.
- **Eating needs to take place outside.**
- We have extra face masks and hand sanitizer in baskets on the wall on the entryway table. Please bring your own masks if you're able.

### Exceptions to mask requirements

- Masks are not required for folks who have a self-attested disability that affects their ability to wear a mask (e.g.
- Masks may be pulled down while speaking if there is someone present who relies on lip reading.
- Folks may remove masks to eat or drink in the Lounge in the case of environmental hazards. Environmental hazards include extreme heat, extreme cold, smoke, wasps, etc. If you do this, you must...
  - turn on the air purifier
  - communicate with other Members via Slack that masks were off in that room.

### Other Preventative Measures

- When possible, keep windows or doors open, and/or run filtered fans to improve airflow.
- Our HVAC system is split into three zones (east, middle, and west) and each is set to run the fan periodically regardless of any heating or cooling to help cycle the air. HVAC filters are swapped quarterly.
- There may not be more than 20 people in a room at a time, except for the Lounge which can accommodate a 30-person maximum for certain events, with the doors propped.

## COVID Testing

If you have seasonal allergies, we ask that you test for COVID regularly, as your symptoms might seem like allergies when in fact you're contagious. There are COVID tests available in the box under the entryway table - if that supply runs low, please notify staff so that we can try to source more tests.

## Testing Positive

If you test positive for COVID and have been to Alder Commons in the previous 5 days, please notify someone on staff so that we can inform other Members who may have been exposed. **You must self-isolate until you've been symptom-free for 10 days before returning to the space.**

## Exposure

If any of the following conditions are met, you are "exposed" and must follow the guidelines in the After Exposure section:

- You are feeling cold, flu, or COVID symptoms including the following:
  - Fever
  - Unusual congestion
  - Unusual headache or body aches
  - Unusual cough
  - Shortness of breath
  - Loss of taste or smell
- Your partner, family member, or someone you live or work with came into *close contact* with someone who has tested positive for COVID. Close contact includes:
  - Any amount of time in the same room, unmasked
  - An hour or more in the same room, with masks
  - 30 minutes or more while outdoors, unmasked, eating or talking with the person within 6 feet

## After Exposure

You must meet one of these criteria before returning to Alder Commons:

- Quarantine for 14 days
- After quarantining for 5 days, with no signs of infection, get...
  - a PCR test with a negative result
  - or two antigen tests with negative results, 48 hours apart.

If you have any questions whatsoever, please let us know! You can email us at [hello@aldercommons.org](mailto:hello@aldercommons.org).